

## Medication Hold

If you are on blood thinners or any of the following medications, these are typically put on hold prior to the procedure. This guideline is for patients scheduled for elective procedures per anesthesia irrespective of the indication (type 2 diabetes mellitus or weight loss).

### Blood Thinners: 7 Day Hold

Effient (Prasugrel)      Brilinta (Ticagrelor)      Pradaxa (Dabigatran)

### Blood Thinners: 5 Day Hold

Coumadin (Warfarin)      Plavix (Clopidogrel)      Pletal (Cilostazol)      Aggrenox  
NSAIDS (Advil, Aleve, Ibuprofen, Meloxicam, Celebrex)      Aspirin 325 mg

### Blood Thinners: 2 Day Hold

Eliquis (Apixaban)      Xarelto (Rivaroxaban)

### Diet Medication: 14 Day Hold

Apidex-P      Lomaira      Phentermine      Qysmia      Contrave

### GLP-1 Agonists: 7 Day Hold

Ozempic      Semaglutide      Wegovy      Rybelsus      Trulicity      Dulaglutide  
Bydureon      Exenatide      Tirzepatide      Zepbound      Mounjaro

### SGLT2 I: 3 Day Hold

Farxiga (Dapagliflozin)      Jardiance (Empagliflozin)      Invokana (Canagliflozin)