

**\*\*Reminder\*\*** per anesthesia please instruct patients to hold GLP-1 agonists as followed:

This guideline is for patients scheduled for elective procedures, On GLP -1 agonists,irrespective of the indication (type 2 diabetes mellitus or weight loss), dose, or the type of procedure/surgery with the exception of cataracts or other surgeries done under MAC sedation.

Recognizing that the Pre-op staff may be calling within 1 week of the scheduled surgery

- For patients on **daily dosing - Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide ), Adylyxn ( Lixisenatide), Rybelsus (Semaglutide) \*-** the patient is to hold GLP-1 agonists on the day of, and the day before the procedure/surgery **2 days.**
- For patients on **weekly dosing - Ozempic, Wegovy (semaglutide), Bydureon, BCise (Exenatide), Trulicity(Dulaglutide ), Mounjaro (tirzepatide) \*-** the patient is to hold GLP-1 agonists a full week prior to the procedure/surgery. **7 full days since the last dose**
- If GLP-1 agonists prescribed for diabetes management are held for longer than the dosing schedule, consider consulting an endocrinologist for bridging the antidiabetic therapy to avoid hyperglycemia.